



**Monastery Church
of the
Sacred Heart**

110 Shonnard Pl., Yonkers, NY 10703

www.sacredheartyonkers.org

-A Ministry of the Capuchins of the Province of Saint Mary-

Rev. Robert Abbatiello, OFM. Cap.

Pastor – rabbatiello@sacredheartyonkers.org

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Deacon Gianni DiPaolo

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Mrs. Deanne May

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Mr. Andrew Bauer

Music Director – abauer@sacredheartyonkers.org

Mr. Kyle O'Donnell

Principal - High School - kodonnell@sacredhearths.org

Mrs. Tracy Strub

Principal - Grade School - tstrub@shgsyonkers.org

January 1, 2023

Solemnity of Mary, the Holy Mother of God

Sacrament of Reconciliation

Wednesday, 6:30 - 7:00 p.m. (Church)

Saturday, 3:30 - 4:30 p.m. (Chapel Reconciliation Room)

(Other times: by appointment, call the Parish Office)

Novenas

Miraculous Medal - Monday following 8:30 a.m. Mass

Our Mother of Perpetual Help - Wednesday 6:30 p.m.

Adoration - See Bulletin

Baptisms

Baptisms are scheduled and celebrated
after meeting with a Parish Staff member.
Contact the Parish Office for information.

Marriages

Couples should contact the Parish Office
before setting their wedding date.

Please contact the Parish Office upon engagement;
wedding preparation usually takes at least six months.

Care of the Sick

Please contact the Parish Office when
serious illness or hospitalization occurs.

Anointing of the Sick and regular Communion Visits
can be scheduled.

Food Pantry

Tuesdays and Thursdays 10:00 - 3:00

Parish Offices

40 Convent Ave., Yonkers, NY 10703

Monday - Closed

Tuesday - Thursday, 9:00-4:00 p.m.

Friday 9:00 – 12:00

Parish Offices: 963-4205 · Fax: 476-4960

Schools: Elementary: 963-5318 · High: 965-3114

SCHEDULE OF MASSES

Sunday Vigil Mass

Saturday 5:00 p.m.

Sunday

8:00, 9:45 and 11:30 a.m.

Weekday

Monday - Saturday, 8:30 a.m.

Wednesday, 7:30 p.m.

Holy Day Schedule

Please consult the Bulletin.

January 1st– January 8th

Sunday, January 1st -

Solemnity of Mary, Mother of God

Num 6:22-27/Gal 4:4-7/Lk 2:16-21

5:00pm Vigil Decd Charles & Hilda Williams
8:00am Decd Maria Almeida
9:45am Decd Corbalis & Wagner Families
11:30am Decd Carlos Pereira (1st Anni)

Monday, January 2nd - St. Basil

1 Jn 2:22-28/Jn 1:19-28

8:30am Decd Joan Hanrahan

Tuesday, January 3rd -

1 Jn 2:29-3:6/Jn 1:29-34

8:30am Decd Gloria Cortes

Wednesday, January 4th - St. Elizabeth Ann Seton

1 Jn 3:7-10/Jn 1:35-42

8:30am Decd Jesus Limsiac
7:30pm Decd Rosita Pacion

Thursday, January 5th -

1 Jn 3:11-21/Jn 1:43-54

8:30am Decd Charles Brown

Friday, January 6th -

1 Jn 5:5-13/Mk 1:7-11

8:30am Decd Chet Kielb

Saturday, January 7th -

1 Jn 2:18-21/Jn 1:1-18

8:30am Sp Int Robert Yager

Sunday, January 8th -

Epiphany of the Lord

Is 30:1-6/Eph 3:9-3a,5-6/Mt 2:1-12

5:00pm Vigil Sp Int Thomas Kilkenney
8:00am Sp Int Parish Family
9:45am Decd Maria Carreira (1st Anni)
11:30am Decd Joao Gaspar

Week of January 1st

Bread and Wine

Decd Joan Hanrahan

Sanctuary Lamp

Decd Joan Hanrahan



STEWARDSHIP OF GOD'S BLESSINGS

December 18, 2022.....\$5,433.00
On-line Giving.....1,833.00
Total.....\$7,266.00
December 12, 2021.....\$7,112.00
On-line Giving.....1,738.00
Total.....\$8,850.00

Thank you for your continued support of our parish
and its many needs.

May God bless your generosity to Sacred Heart!

To register for on-line giving,
Please go to our website
sacredheartyonkers.org
scroll down on right hand side to
Parish Giving
and follow the online prompts.

Young Adult Masses ~ 7:00 PM

January 22nd

February 26th

March 19th

Office Hours This Week

Monday - Closed

Tuesday - Friday 9:00 am - 4:00 pm

The Week Ahead.....

Sunday, January 1

NO Religious Ed

Monday

Miraculous Medal Novena following 8:30 Mass

Tuesday

RCIA 7:00 pm

Wednesday

Our Mother of Perpetual Rosary & Novena 6:30 pm
Confessions 6:30 – 7:00 pm

Thursday

Adoration 3:30 – 7:00 pm

Sunday, January 9

Religious Ed 10:45

Please Pray
for the repose of the souls of Joyce Spaun and
all the deceased parishioners of Sacred Heart,
and the Special Intentions of Parish Family members
listed in our Prayer Intention Book.

From the Pastor's Desk

Solemnity of Mary, the Holy Mother of God

I'm so glad that today's Marian celebration falls on a Sunday, so that we can celebrate Mary in a manner that she deserves as the Mother of God. As we contemplate Mary, let us pray for the grace to allow God's will to become our will. From the moment of the Annunciation, when the angel Gabriel appeared to Mary, telling her that she had found favor with God and that she would conceive and bear a son, Mary assented saying, "Behold I am the handmaid of the Lord. May it be done to me according to your word."

The angel assures Mary that there is no need to fear and that nothing is impossible for God. She will remain faithful to her affirmative response throughout the rest of her life, even though there must have been considerable fears that she faced as the Mother of Jesus. So many things she couldn't control; perhaps an equal number of things she didn't understand. But always the humble, gentle, woman of faith, Mary allowed things to play out, not according to her own will, but rather that of the Father.

Think about some of the things Mary dealt with after first being visited by an angel, who delivered a message that had never been spoken before or since! Did Mary have other plans for her life? She was told she would have a son. Was Mary hoping she would be the mother of little girl? Mary is told what her son's name would be. Did she have another name in mind for her son? Mary gives birth in a manger; there was no room for her and Joseph at the inn. Was this how it would be going forward? Shepherds are directed to the child's crib; but they're poor and maybe unkempt in appearance and clothing. Does she let them get close to her baby? Kings come to visit; the complete opposite in appearance and state of life! They bring gold, frankincense and myrrh. These are gifts for a baby? In all of this, and many other such details that we may often take for granted, Mary treasures all these things in her heart. She doesn't have all the answers. Maybe she didn't even have the questions! But her openness and trust in God is never in question. Her commitment to that "let it be done to me according to your word" sustained, nourished and strengthened her throughout the rest of her life and the life of her son, Jesus. Are we as equally committed? Have we given a whole-hearted "yes" to God and what He asks of us?

Let us pray today, seeking the intercession of Mary, that we may be faithful witnesses to Jesus. Let us ask for the courage, strength and faith that she had in order that we, too, might continue to bring Jesus to life in our world today.

When Words Fail Us...Grateful for so Much

On behalf of Fr. John, Brother Roger, and all the Capuchins here at Sacred Heart and St. Clare, I would like to thank everyone who sent cards and "Christmas goodies" to the friary. We are most grateful for your kindness towards us and we thank Almighty God for the opportunity to be ministering among you. As I have said several times both here in the bulletin and from the pulpit, we are not perfect. We know it – and by now you know it, too! As the New Year begins, I ask that you forgive any of our mistakes, our lack of understanding, our inattentiveness or occasional unavailability. Please forgive us if we lacked patience or gentleness and continue to pray for us. We recognize that we are called to imitate the example of the Good Shepherd and that is no easy task...but your prayers can and will help.

I would like to express my very sincere gratitude to all who helped to clean and prepare the church for the celebrations of Christmas. As always, our decorations were beautiful. Thank you to all the members of the choirs, our music director/organist, Andy Bauer, our guest musicians and singers, and our cantors for helping us to pray the Christmas Masses so beautifully and reverently. Thank you to all our Lectors, Eucharistic Ministers, Altar Servers, Ushers, whose dedicated service enhances all of our liturgical celebrations. Thank you to those very dedicated women who are so generous with their time washing and ironing our Mass linens. Thank you to Deanne May who assists us with all our parish needs. Thank you to Brother Roger for his careful attention to the altar linens.

Thank you to Fr. John and Deacon Gianni for their presence, their assistance, and their homilies during the Advent and Christmas season. Although God can never be outdone in generosity and blessing, I thank all of these individuals, in His Name, for the service they offer to the Church and to the parish!

Thank you to all our parishioners who were especially generous in the Christmas offertory. I am humbled by your continued generosity and kindness toward the parish. Your generosity has helped us to meet all our financial liabilities and responsibilities. That is a huge accomplishment that many other parishes in the Archdiocese of New York are struggling to achieve. It's not easy, but with everyone doing their part, it is possible. Thank you, thank you, thank you!

I pray that the New Year fills you with many blessings, great joys, good health and many reminders of the Lord's love for you and your families.

Prayer for the New Year

May I invite you to consider using the following prayer, from the Book of Catholic Household Blessings and Prayers, for the beginning of this new year? You may adapt it in any way you like, for private recitation or as a family prayer. As we begin 2023, may it be for us a time of grace, peace and many blessings. Begin by making the sign of the cross.

The leader begins:

Let us praise the Lord of days and seasons and years, saying: Glory to God in the highest!

Response: And peace to his people on earth!

The leader may use these or similar words to introduce the blessing:

Our lives are made of days and nights, of seasons and years, for we are part of a universe of suns and moons and planets. We mark ends and we make beginnings and, in all, we praise God for the grace and mercy that fill our days.

Then the Scripture is read, Book of Genesis 1:14-19:

God said: "Let there be lights in the dome of the sky, to separate day from night. Let them mark the fixed times, the days and the years, and serve as luminaries in the dome of the sky, to shed light upon the earth." And so it happened: God made the two great lights, the greater one to govern the day, and the lesser one to govern the night; and he made the stars. God set them in the dome of the sky, to shed light upon the earth, to govern the day and the night, and to separate the light from the darkness. God saw how good it was. Evening came, and morning followed—the fourth day. (The family's Bible may be used for an alternate reading such as Psalm 90:1-4.)

Reader: The Word of the Lord. **ALL:** Thanks be to God.

After a time of silence, members of the household offer prayers of thanksgiving for the past year, and of intercession for the year to come. On January 1, it may be appropriate to conclude these prayers with the Hail Mary or Litany of the Blessed Virgin Mary since this is the solemn feast of Mary, Mother of God. In conclusion, all join hands for the Lord's Prayer. Then the leader continues: Let us now pray for God's blessing in the new year. After a short silence, parents may place their hands on their children in blessing as the leader says:

Remember us, O God; from age to age be our comforter. You have given us the wonder of time, blessings in days and nights, seasons and years. Bless your children at the turning of the year and fill the months ahead with the bright hope that is ours in the coming of Christ. You are our God, living and reigning, forever and ever. **ALL:** Amen.

Another prayer for peace may be said:

Lord, make me an instrument of your peace: where there is hatred, let me sow love;
where there is injury, pardon; where there is doubt, faith;
where there is despair, hope; where there is darkness, light;
where there is sadness, joy.

O divine Master, grant that I may not so much seek to be consoled as to console,
to be understood as to understand, to be loved as to love.

For it is in giving that we receive, it is in pardoning that we are pardoned,
it is in dying that we are born to eternal life. **ALL:** Amen.

The leader says: Let us bless the Lord.

All respond, making the sign of the cross: Thanks be to God.

Young Adult Masses ~ 7:00 PM

January 22nd

February 26th

March 19th

Sacrament of Reconciliation Available at 6:30 PM

Refreshments and Fellowship Follow the Mass in the Church Hall



Advent Raffle

Our Advent Raffle was a great success, and we think many had a good time with it! The proceeds from the raffle were used to supplement the music program here at Sacred Heart. This includes the Christmas Concert and the additional musicians for Christmas and other special events .

The last winners have been pulled and they are.....

Wednesday, December 14

Thursday, December 15

Friday, December 16

Saturday, December 17

Sunday, December 18

Monday, December 19

Tuesday, December 20

Wednesday, December 21

Thursday, December 22

Friday, December 23

Helen Trabucco

Mary Meade

Maria & Oscar Matos

Ann Zillitto

Christine Brito

Helen & Joe Barca

Christine Utchel

Mary Meade

Elizabeth Migliore

William Dee

Congratulations and Thank You to all !

Coffee And...NEXT Sunday: January 8th

Please join us for coffee, breakfast cakes and pastries after the 8:00 and 9:45 am Masses next Sunday, January 8th in the Church Hall. If you are interested in volunteering to bring donuts, coffee cake, muffins, etc. please email Anthony Giattino (anthony.giattino@gmail.com) and provide him with your name, telephone number, Mass you would like to assist with, and what home-made or store-bought item you will bring for the sharing table. All donations are gladly and deliciously welcomed!!

Sacred Heart Prayer Shawl Ministry

Prior to Covid, the Sacred Heart Prayer Shawl Ministry group was meeting once a month. The original project was Prayer Shawls for distribution to those with long-term illness or recent family death to remind the recipients of the prayers offered for them from Sacred Heart. Later, chemo hats for cancer patients and baby hats for newborns were added to the project list.

We would like to start the group up again, whether for an in person gathering once a month or work at home projects to drop off at the office. **We have a request for knitted or crocheted hats for adults who are nursing home residents.** If you would like more information, are interested in joining the group (even for the social side) or helping out with at home projects, please call Deanne May at the parish office .

Nutrition Workshop Sunday, January 8, 1:00 pm Sacred Heart Cafeteria

Get your nutrition life together !

Local registered dietitian, Marty Davey, MS, RD, CDN will host a FREE Question and Answer Hour.

Learn what is the real cause of Type 2 Diabetes [spoiler alert – It is not sugar]

How can you decrease your cholesterol, high blood pressure

Maintain your mental cognition by what you do 3 times a day

Marty has been helping people and conducting nutrition research for almost 20 years. She has a private practice via telehealth and is an adjunct professor at Mercy College.

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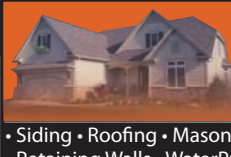


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